



October Lunch 2023 | Atlantic Montessori Charter



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Adobo Baked Chicken Peas and carrots Peaches Congri <input type="checkbox"/>	Sliced Turkey Sandwich Cucumber Slices Mixed Vegetables <input type="checkbox"/>	Ropa Vieja : shredded beef) Black Beans Tostones Rice <input type="checkbox"/>	Cuban Stew Mixed Vegetables Fruit Roll <input type="checkbox"/>	Pizza Chips <input type="checkbox"/>
9	10	11	12	13
Baked Sliced Turkey Fresh sweet potato Broccoli Bread <input type="checkbox"/>	Black Beans with tomato and Onion Platano Maduro Applesauce Cuban Bread <input type="checkbox"/>	Picadillo Corn Rice Fruit <input type="checkbox"/>	Turkey Meatloaf Mixed Vegetables Orange Roll <input type="checkbox"/>	Pizza Chips <input type="checkbox"/>
16	17	18	19	20
Roast Turkey Slices Peas and carrots Pears Moro <input type="checkbox"/>	Chicken nuggets Vegetables Applesauce bread <input type="checkbox"/>	Hamburger Green beans fruit <input type="checkbox"/>	Fricasse de pollo Baby carrots Red beans Brown rice <input type="checkbox"/>	Pizza Chips <input type="checkbox"/>
23	24	25	26	27
Ropa Vieja (Beef) Black beans/rice tostones <input type="checkbox"/>	NO SCHOOL	Media Noche sandwich (Turkey,swiss cheese,Pickles) Garbanzo beans Fruit Cocktail <input type="checkbox"/>	Spaghetti w/ meat sauce Salad Baby carrots <input type="checkbox"/>	Pizza Chips Milk <input type="checkbox"/>
30	31			
Roast Turkey Green Peas Black Beans White rice <input type="checkbox"/>	Breaded Fish Salad Steamed Baby carrots Roll <input type="checkbox"/>			

You must pre order lunch within a minimum of a week prior to the date ordering. Please email this completed lunch forms to the appropriate campus. Pines: evales@amcharterschool.com Davie: mcanetti@amcharterschool.com
Lunch is \$4.50/day and must be preordered or \$5/day if not preordered (not always guaranteed)

Reminder:

Students on approved free lunch must still preorder and send the completed monthly calendar.

Student Name: _____ Teacher: _____
Parent Name: _____ Parent phone number: _____
Credit card number: _____
Exp date: _____ CVV: _____ Billing zip code: _____