

# August 2022

# Atlantic Montessori Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	18	19
	Black beans with tomato and onions. Platano Maduro Apple Sauce Cuban Bread <input type="checkbox"/>	Picadillo Corn Fresh Fruit Brown rice <input type="checkbox"/>	Turkey Meatloaf Mixed Vegetables Mandarin Roll <input type="checkbox"/>	Pizza Chips <input type="checkbox"/>
22	23	24	25	26
Roast Turkey Slices Peas and carrots Pears Moro <input type="checkbox"/>	Chicken nuggets Vegetables Applesauce bread <input type="checkbox"/>	Hamburger Green beans fruit <input type="checkbox"/>	Fricasse de pollo Baby carrots Red beans Brown rice <input type="checkbox"/>	Pizza Chips <input type="checkbox"/>
29	30	31		
Ropa Vieja Black beans/rice Fruit <input type="checkbox"/>	Breaded chicken pattie Green peas Apple slices roll <input type="checkbox"/>	Media Noche sandwich (Turkey,swiss cheese,Pickles) Garbanzo beans Fruit Cocktail <input type="checkbox"/>		

All meals served with milk

You must pre order lunch within a minimum of a week prior to the date ordering. Please email the completed lunch forms to the appropriate campus. Pines: [evales@amcharterschool.com](mailto:evales@amcharterschool.com)  
Davie: [dalfonso@amcharterschool.com](mailto:dalfonso@amcharterschool.com) Lunch is \$4.50/day and must be preordered or \$5/day if not preordered (not always guaranteed)

Free or reduced lunch forms will be going out first week of school. If approved, will be effective October 3<sup>rd</sup>, 2022. You will receive a letter if approved.

Student Name: \_\_\_\_\_ Teacher: \_\_\_\_\_  
Parent Name: \_\_\_\_\_ Parent phone number: \_\_\_\_\_  
Credit card number: \_\_\_\_\_  
Exp date: \_\_\_\_\_ CVV: \_\_\_\_\_ Billing zip code: \_\_\_\_\_