

Atlantic Montessori

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
 School Closed	LUNCH: Chicken Patty Sandw. Lettuce & tomatoes Mayo / Ketchup Carrots Jell-o Milk	LUNCH: Chicken Fajitas Flour Tortilla w/Sour Cream & Cheese Corn Pineapple Milk	LUNCH: Meatballs w/Spaghetti Garlic Roll Green Salad dressing Shortbread Cookie Milk	LUNCH: Pizza Chips Fruit snack Milk
11	12	13	14	15
LUNCH: Roasted Pork Mashed Potatoes Mixed Vegetables Cinnamon Apples Milk	LUNCH: Meatloaf w/gravy Rice Mixed Green Salad dressing Vanilla Pudding Milk	LUNCH: Ropa Vieja Roll Congri Green Peas Oranges Natural Milk	LUNCH: Baked Chicken** Rice Stir Fry Broccoli Jello Milk	LUNCH: Pizza Chips Fruit snack Milk
18	19	20	21	22
Flamingo Gardens Fieldtrip LUNCH: Bagged lunch/ Sandwich Chips Fruit Juice	LUNCH: Beef Picadillo Rice Lentil Soup Green Beans Ambrosia Salad Milk	LUNCH: Beef Ravioli w/marinara sauce Steamed Broccoli Garlic Bread Fruit Cocktail Milk	No School	LUNCH: Pizza Chips Fruit snack Milk
25	26	27	28	29
LUNCH: Chicken Fricassee WW Bread Brown Rice Corn Applesauce Milk	LUNCH: Beefaroni Garlic Bread Mixed Salad dressing Fruits Gelatin Milk	LUNCH: Picadillo (Turkey) Congri Cuban Bread Carrots Tropical Mixed Fruits Milk	LUNCH: Breaded Fish ketchup Mashed Potato Mixed Vegetables Chocolate Chip Cookies Milk	LUNCH: Pizza Chips Fruit snack Milk

Student Name: _____

Teacher: _____