

# Atlantic Charter (Pines)

January

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
 <p><b>HAPPY NEW YEAR</b></p>	<p><u>LUNCH:</u> Roasted Turkey Plantains Yellow Rice Tropical Mixed Fruit Roll Milk</p>	<p><u>LUNCH:</u> Macaroni &amp; Cheese Garlic Bread Broccoli Pineapple Milk</p>	<p><u>LUNCH:</u> Cuban Stew Brown Rice Mixed Vegetables Cantaloupe Milk</p>	<p><u>LUNCH:</u> Pizza Fruit Chips Milk</p>
8	9	10	11	12
 <p><b>NO CLASSES</b></p>	<p><u>LUNCH:</u> Beefaroni Garlic Bread Corn Applesauce Milk</p>	<p><u>LUNCH:</u> Picadillo Congri Sliced Tomatoes Peaches Milk</p>	<p><u>LUNCH:</u> Breaded Fish <i>ketchup</i> Mixed Vegetables Mandarin Orange Rice Milk</p>	<p><u>LUNCH:</u> Pizza Fruit Chips Milk</p>
15	16	17	18	19
<p><u>LUNCH:</u> Chili con Carne w/Beans Brown Rice Corn Pears Milk</p>	<p><u>LUNCH:</u> Chicken nuggets <i>ketchup</i> Sweet Potatoes Chunks Rice Applesauce Milk</p>	<p><u>LUNCH:</u> Macaroni &amp; Cheese** Peas &amp; Carrots Roll** Honeydew Milk</p>	<p><u>LUNCH:</u> Sesame Noodles w/Chicken &amp; Vegetables Mixed Vegetables Tropical Mixed Fruit Milk</p>	<p><u>LUNCH:</u> Pizza Fruit Chips Milk</p>

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January

Monday	Tuesday	Wednesday	Thursday	Friday
22	23	24	25	26
<p><u>LUNCH:</u>                      Chicken Patty on a Bun**                      Mayo &amp; Ketchup**                      Italian Green Beans                      Tater Tots                      Pineapple                      Milk</p>	<p><u>LUNCH:</u>                      Pollo Guisado                      Brown Rice                      Mixed Vegetables                      Black Beans                      Red Apple                      Milk</p>	<p><u>LUNCH:</u>                      Turkey Meatloaf                      ketchup                      Mashed Sweet Potatoes                      Broccoli                      Fruit Cocktail                      Bread                      Milk</p>	<p><u>LUNCH:</u>                      Spaghetti &amp; Meat Sauce                      Green Peas &amp; Carrots**                      Mandarin Orange                      Milk</p>	<p><u>LUNCH:</u>                      Pizza                      Fruit                      Chips                      Milk</p>
29	30	31		
<p><u>LUNCH:</u>                      Chicken Rotini Alfredo                      Green Peas &amp; Carrots                      Pineapple                      Milk</p>	<p><u>LUNCH:</u>                      Chicken Nuggets                      ketchup                      Winter Squash Rice                      Sliced Tomato                      Peaches                      Milk</p>	<p><u>LUNCH:</u>                      Beef Piccadillo                      Brown Rice                      Pinto Beans                      Broccoli                      Red Apple                      Milk</p>		

